

LIFELINE 131 114 (National)

Pregnancy Counselling

Sexual Health & Family Planning 1300 658 886

Children By Choice – email: advocacy@childrenbychoice.org.au

Call Back Counselling – email: info@callbackcounselling.com.au (\$120 a session)

Headspace - headspace.org.au/headspace/ (counselling 12-25 year olds)

Pregnancy Choices Helpline 1800 008 463 <https://www.pregnancychoices.org.au/>

Victims Services NSW 1800 633 063 <https://www.victimsservices.justice.nsw.gov.au>

Planned Pregnancy Loss

The Pink Elephants Support Network <https://www.pinkelephants.org.au/page/73/emotional-support>

ACT

Sexual Health & Family Planning	6247 3077
Canberra Sexual Health (Hospital)	6244 2184
Relationships Australia	62965001 (Tuggeranong)
W.I.R.C. (Women's Information & Referral service)	62813600 (Deakin) 6205 1075

NSW - Domestic Violence Line

1800 656 463

Queanbeyan

Queanbeyan Community Health Centre	6298 9213
Narooma Community Health Centre	4476 2344
Cooma Community Health Centre	6455 3222
Goulburn Community Health Centre	4827 3913
Wagga Womens Health Centre	6921 3333
Wagga Sexual Health	6938 6492
Albury Sexual Health	6058 1800
Griffith Community Health	6966 9900

Gosford

Therese Elsey – (Counsellor – Interconnect Counselling) – Gosford	0429 062 260
Glenda Walker (Registered Psychologist) - Wamberal	0425 295 336
Kathleen Power (Psychologist)	4977 3190

Newcastle

Newcastle Sexual Health	4923 6909
Hunter Womens' Centre	4968 2511
Lifeline Face to Face Counselling (by donation)	4940 2000
Relationships Australia	4940 1500
Sexual Health & Family Planning	4929 4485
Kathleen Power (Psychologist)	4977 3190
Coffs Harbour Sexual Health	6656 7865
Forster Community Health	6555 6822
Bligh Street Clinic – Tamworth	6766 3095
Taree Community Health Centre	6592 9421
Port Macquarie Community Health	6588 2882
Dubbo Sexual Health	6885 1700
Dubbo – NALAG Centre for Loss &Grief	6882 9222

Sydney

Sexual Health & Family Planning	1300 658 886
Relationships Australia	1300 364 277

Wollongong

Wollongong Womens Centre	4228 1499
Port Kembla Sexual Health	4223 8457
CHAIN	4226 5816
Relationships Australia	4221 2000
Shoalhaven Womens Health Centre	4421 0730

Canberra: 1st Floor, Morisset House, 7 Morisset St, Queanbeyan 2620. T: (02) 6299 5559 F: (02) 6299 5554

Gosford: Suite 4, 16-18 Hills St, Gosford 2250. T: (02) 4324 5176 F: (02) 4322 9124

Hurstville: Suite 20, 4th Floor, 33 MacMahon St, Hurstville 2220. T: (02) 9585 9599 F: (02) 9585 9716

Newcastle: Suite 9, 24 Brown Rd, Broadmeadow 2292. T: (02) 4962 4999 F: (02) 49624988

Wollongong: Level 3, Cnr Keira and Market St's, 166 Keira St, Wollongong 2500. T: (02) 4227 4100 F: (02) 4227 4122