

PREGNANCY DECISION MAKING QUESTIONNAIRE

How do I feel about this pregnancy?

Was it planned?

How do I feel about continuing it?

What are the pros & cons of continuing?

How will I feel six months from now if I continue?

How will I feel in two years?

If I continue, what will change in my life?

(Consider finances, career, education, housing, emotional state, relationship with partner, relationship with family, relationships with friends etc.)

Am I in a position to support myself/a child?

Who can support me if I can't?

How do I feel about adoption?

What are the pros and cons of adoption?

How do I feel about putting a child up for adoption?

How will I feel six months from now as I consider giving my baby up for adoption?

How will I feel a year after the adoption is completed?

Do I know anyone who has put a child up for adoption?

How do I feel about that person putting their child up for adoption?

How do I feel about abortion?

How do I feel about having an abortion?

What are the pros and cons of abortion?

How will I feel six months from now if I have an abortion?

How will I feel in two years?

What are my ethical/religious beliefs about abortion?

Do I know anyone who has had an abortion?

How do I feel about that person having had an abortion?

When do I believe life begins?

How do these beliefs affect this decision?

Am I making this decision freely?

Am I being pressured?

Who else's feelings am I taking into account when I consider what to do?

Am I putting his/her/their feelings/desires in front of my own?

Do I know how my partner feels about this pregnancy?

Do I know how my partner feels about the possibility of continuing the pregnancy?

Do I know how my partner feels about the possibility of adoption?

Do I know how my partner feels about the possibility of abortion?

What will my relationship with my partner be like if I continue?....if I put up for adoption?.....if I have an abortion?

Do I know how my family feels about this pregnancy?

Do I know how my family feels about the possibility of continuing the pregnancy?

Do I know how my family feels about the possibility of abortion?

What will my relationship with my family be like if I continue?....if I put up for adoption?....if I have an abortion?

How do I feel about the prospect of becoming a parent?

What do I want my life to be like in one year?...five years?...ten years?

How will what I decide about this pregnancy affect what I want for myself in future?

If I had a choice, when and under what circumstances would I want to be/get pregnant?

What would have to change or be different for me to clearly know what to do about this pregnancy?